

# Partners in Caring



YOUR NEWSLETTER WITH NEWS AND INFORMATION FROM AROUND CATHOLIC CHARITIES

Vol. 18/ No. 19

November 14, 2008

## November Dates to Remember

15 Kung Fu Panda (see pg.3)  
27 Thanksgiving

## Job Openings

### Full Time Opportunities:

- Financial Counselor
- Clinical Therapist, Caritas Family Services

- Caretaker II, Housing

### Partial Full Time:

- Youth Counselor I or II, ITU

### Part Time Opportunities:

- Assistant Food Coordinator/Sub Cook, Senior Dining, St. Cloud
- Clinical Therapist, Caritas Family Services
- Mental Health Worker I, St. Michael's Home
- Mental Health Worker I, St. Elizabeth's Home
- Youth Counselor I or II, ITU

## Catholic Charities begins Project Rachel services

According to the Guttmacher Institute, over 45 million children have been aborted since 1973.

While that number is chilling, so is the thought that there are millions of mothers and fathers, not to mention grandparents and medical personnel, who were involved.

That involvement can bring on feelings of grief, anxiety and guilt, months or even years after the abortion. Some women and men, on their own or with professional help, are able to process their grief experience - others though, continue to feel isolated and alone.

To help those who are dealing with these feelings, Catholic Charities Life Transitions Services, our grief and loss program, is adding Project Rachel to the services it offers. Project Rachel is a national post-abortion counseling program.

"The pain of an abortion loss is sometimes hidden," said Roxann Storms, program coordinator of Life Transitions



Services "but may be marked by relationship issues, depression or other emotional problems. Project Rachel helps those impacted find peace and healing."

Project Rachel has been available for a number of years in the St. Cloud Diocese by St. Therese Center, which recently closed after 23 years of comforting the grieving.

"This is a really important service," said Roxann. "We're grateful that we are able to continue this essential work." Funding for the program is provided by a grant from the St. Cloud Diocese.

Those who have been affected by abortion can contact Project Rachel at 320.529.0427. All inquiries are kept strictly confidential.

## It's Mardi Gras time!

*Do you have a special skill that you're willing to teach someone?*

*Do you have a side business that you'd like to promote?*

*Do you make art pieces or crafts that you're willing to donate?*

*Are you looking to re-gift something Great Aunt Heloise gave you?*

If so, would you like to donate your item to Mardi Gras?

We're looking for gift certificates or items, valued at least \$30. Call Trina at 320.650.1644 if you have

questions, or would like to donate an item. (Feel free to mention her name and number to friends or family members who might like to donate as well.)

Mardi Gras is a fund raiser for Catholic Charities DOMUS Transitional Housing and Emergency Services. You may have heard the food shelf served more than 1,500 families in October.

## Confidential One on One Meetings with 401K Plan Administrator

In early December, Bremer Trust, our 401K plan administrator will be coming to Catholic Charities campuses to hold confidential one-on-one meetings with employees. This is a great benefit offered by Bremer which occurs twice a year. Cari Dietman from Bremer Trust will be available to meet one-on-one with Catholic Charities employees at the following times and locations:  
**Tuesday, December 2-12:30 p.m. - 4:30 p.m.** at North Campus

**Wednesday, December 3- 8 a.m.-noon** at the St. Cloud Children's Home

**Wednesday, December 3-1 p.m.-4:30 p.m.** at Roosevelt

**Wednesday, December 10-10 a.m. -2 p.m.** at the Intensive Treatment Unit

If you would like to schedule a 20 minute private meeting with Cari, contact **Michelle Arnold** no later than Monday, November 24th at 320.650.1559 (ext. 2559 internally) to register.

## Important 401(K) Information for Current Plan Participants:

Catholic Charities employees will soon have the opportunity to make changes to their 401K salary saving elections (payroll deductions). We are able to make these changes on a quarterly basis and the next effective date for changes is January 1, 2009. If you wish to make any changes at this time, please complete the Salary Savings Election Form and return it to Human Resources no later than December 15, 2008.

Participants in the 401K plan are also able to take loans against their plan on a quarterly basis. The next loan opportunity is also January 1st. If you wish to apply for a 401K loan at this time, the paperwork must be received by Human Resources no later than December 15th.

For more information about the 401K plan, please contact Human Resources at 320.650.1539.

## Open Enrollment Deadlines

**Monday, November 17, 2008 at 4:30 p.m.** is the deadline for submitting your 2009 benefit enrollment form to Human Resources to be entered into the Early Bird Drawing for 1 of 6 \$25 cash prizes.

**Friday, November 28 at 4:30 p.m.** is the deadline for submitting your 2009 Benefit Enrollment form. Employees not submitting forms in by this due date will not be eligible for benefits in 2009.

## Important 401(K) Information for New Hires

If you are a new hire on or after October 2, 2008 and you meet eligibility requirements for the 401K plan you will be automatically enrolled into the 401K plan at a 2% enrollment on January 1, 2009. If you would like to increase or stop this automatic enrollment, please contact HR to complete the necessary paperwork by January 1, 2009.

An informational meeting will be held for employees who are newly eligible to participate in the 401(k) plan. This session will provide an overview of the Catholic Charities 401K plan. It will be held on Wednesday, November 19 at 10 a.m. in the North Campus training room following New Employee Orientation.

For more information about the 401(k) plan, please contact Human Resources at 320.650.1539.

## Diversity Corner

When speaking or writing, it is important to remember that people with disabilities are like everyone else. Here are some tips for improving language relating to disabilities:

- Speak of the person first, then the disability.
- Emphasize abilities, not limitations.
- Do not label people as part of a disability group- say "people with disabilities" not "the disabled."
- Don't give excessive praise or attention to a person with a disability; don't patronize them.

For example, instead of saying "suffers from; afflicted with, victim of," say "person who has/lives with." Instead of saying "slow, retarded," say "developmental delay."

*Brought to you by the Diversity Steering Committee*

# Happy Anniversary!

## 49 Years

**Kay Heinen:** Counselor Adoption/Pregnancy

## 33 Years

**Judy Crusier:** Purchase Supervisor,  
Property Management

## 28 Years

**Marlys Schlangen:** Bus Off AP Processor, Accounting

## 26 Years

**Harvey Schmitt:** Director of Housing Management,  
Housing Services

## 22 Years

**Melanie Fisher:** Intake Supervisor Social Services,  
SCCH

## 10 Years

**Laura Wocken:** Executive Assistant, Administration

**David Ellwanger:** System Analyst

## 5 Years

**Kristin Zimmer:** Mental Health Practitioner, YLC

**Jeffrey Helmbrecht:** Food Coordinator, Buffalo

## 3 Years

**Ryan Daniel:** Youth Counselor II, Cottage 6

**Kelley Lilback:** Satellite Site Coordinator, Monticelo

**June Dergan:** Skills Trainer I, SILS/Waivered

**Barbara Pugsley:** Satellite Site Coordinator,  
Rush City

# Welcome

# New Employees!

**Michelle Becker:** Therapist, Day Treatment

**Lauren Beer:** Youth Counselor II, SCCH

**Trisha Boyle:** SAIL Counselor, Day Treatment

**Penny Casavant:** Director of OA, North Campus

**Patrick Clavin:** Youth Counselor I, SCCH

**Kelly Cox:** Administrative Coordinator, SILS/Waivered

**Chelsea Flemming:** Youth Counselor II, SCCH

**Zora Gobats:** Mental Health Worker I, St. Elizabeth Home

**Wendi Gossen:** Mental Health Worker I, St. Elizabeth Home

**Rene Kenerson:** Mental Health Worker I, St. Elizabeth  
Home

**Jennifer Malley:** Therapist, SCCH

**Deborah Manselle:** Assistant Food Coordinator, Whitney  
Senior Center

**Marilyn McLain:** LPN, SCCH

**Terri Pazdernik:** Counselor Adoption/Pregnancy, Roosevelt  
Building

**Caroline Sile:** Direct Care Worker II, St. Francis Home

**Lisa Tacket:** Night Youth Counselor, Fergus Falls ITU

**Kellie Turner:** Youth Counselor II, Fergus Falls ITU

**Amanda Walgren:** Direct Care Worker I, Bethany Home

## Donate Your Left Over Turkey Cards to Emergency Services

If Thanksgiving sneaks up on you a little too fast and you have unfinished Turkey cards, please consider donating them to Catholic Charities Emergency Services food shelf.

Emergency Services is able to combine them for turkeys for the food shelf. Please send or drop off your Turkey cards to Emergency Services at Roosevelt by Friday, December 5.

Questions? call (320)229-4564.

## Don't Miss Free Showing of Kung Fu Panda

This Saturday, November 15, Marcus Theater will have a free showing of Kung Fu Panda at 10:00 a.m. To gain admission to the show, everyone is asked to donate two or more non-perishable food items or provide a cash donation. All proceeds will go to Catholic Charities Emergency Services Food Shelf.

Marcus Theaters is located off off Frontage Rd. N. in Waite Park. For more information call (320)229-4564.

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**NEXT ISSUE SUBMISSION DEADLINE:** November 14 **NEXT ISSUE:** November 28

