

Build Stability, Get Support

Catholic Charities Supported Housing for Youth (SHY) program can help you:

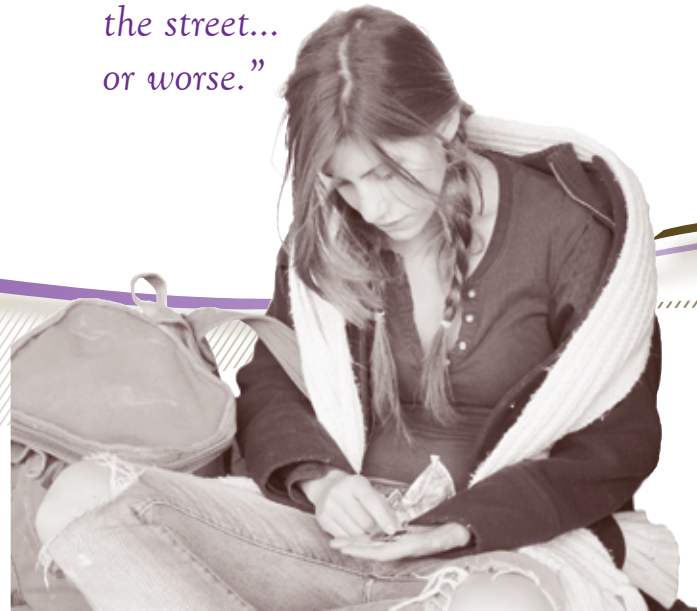
- Build a success plan for independent living
- Find and maintain affordable housing; and
- Network with valuable community resources

Are you eligible?

Are you homeless? In danger of becoming homeless? In crisis where you are currently living or exiting foster care?

If you are 16 to 24 years old and from Stearns, Benton, Sherburne, Wright, Todd, Mille Lacs, Morrison or Anoka Counties, then you are the perfect candidate for the Supported Housing for Youth Program.

“If it hadn’t been for the SHY program, I’d probably still be on the street... or worse.”



CATHOLIC CHARITIES Supported Housing for Youth (SHY)

Transitional Housing Services for Youth Ages 16 to 24

*For more information, contact
Catholic Charities SHY Program today!*

Services are available to all eligible persons regardless of race, color, creed, religion, national origin, sexual orientation, sex, marital status, disability, or age.

Equal Opportunity Employment and Service Provider



CATHOLIC CHARITIES
Supported Housing for Youth (SHY)

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Housing Opportunities for Homeless Youth

Catholic Charities Supported Housing for Youth (SHY) Program assists you in obtaining and maintaining a stable residence. We provide you with a list of housing options for lease in your area and the tools and support needed to secure a place to call home.

Financial assistance available

Financial assistance is available to youth enrolled in this program. Specifically, you may receive rental assistance, assistance for utility deposits and other move-in costs, basic household necessities.



Professional, Caring Staff Pays Attention to Your Specific Needs

Get the training you need to be successful at living independently

Your Independent Living Skills Counselor will work with you to determine the amount of one-on-one attention you will need as you make your move toward independence. Depending upon your specific needs at any given time, the amount direct staff contact may vary through your enrollment in the program.

Together we create individual living plans, focused on:

- Housing
- Employment
- Household maintenance
- Nutrition
- Medical/Mental Health Care
- Connect to a Caring Adult
- Career Planning/Continuing Education
- Financial Management/Budgeting
- Transportation
- Community Resources
- Create a vital documents portfolio
- Provide resources for parents

Network with other community resources

In addition to helping you develop an individualized plan and monitoring your progress, your Counselor will help you network with other valuable resources in the community, search for employment or an apartment, create a budget, learn household maintenance skills and more.

Track Your Progress

Progress that is measured

Catholic Charities Supported Housing for Youth Program uses the Ansell-Casey Lifeskills Assessment™ module to give you feedback about your progress in each of these important areas:

- Career Planning
- Communication
- Daily Living
- Housing and Money Management
- Self Care
- Social Relationships
- Work Life
- Work and Study Skills

We also conduct a follow-up survey at six months after you have left the program. Areas assessed:

- Degree to which housing has stabilized
- Improvements in educational/ training level
- Degree to which employment has stabilized and/or improved
- Increased connection with the community

