

# Catholic Charities Senior Dining Menu

February 2012

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		Liver & Onions or Hamburger Patty w/Gravy Whipped Potatoes w/Gravy Mixed Vegetables Wheat Bread Cherry Apple Pie 	Roast Beef Red Skinned Potatoes w/Gravy Carrots Wheat Bread Sugar Cookie	Oriental Chow Mein Rice Oriental Vegetables Mandarin Oranges Fortune Cookie	<b>Frozen Meals are</b>	<b>Available for Weekends</b>
Swiss Steak Baked Potato w/Sour Cream Beets Wheat Bread Peaches	Swedish Meatballs Parslied Potatoes Country Trio Vegetables Wheat Bread Jello Poke Cake	Pork Roast Whipped Potatoes w/Gravy Steamed Cabbage Wheat Bread Fruit Cocktail	Hearty Stew French Bread Seven Layer Salad Chocolate Oatmeal Bar	Meatloaf Scalloped Potatoes Peas & Carrots Wheat Bread Lemon Chiffon		
BBQ Riblet O'Brien Potatoes Carrots Wheat Bread Ice Cream	<b>Valentine's Day</b> Brown Sugar Glazed Pork Chop Whipped Potatoes w/Gravy Peas and Mushrooms Dinner Roll Cherry Cheesecake 	Chicken Marinara Egg Noodles Italian Lettuce Salad Green & Waxed Beans Snickerdoodle Cookie	Specials of the Day	Roasted Chicken Whipped Potatoes w/Gravy Vegetable Medley Dinner Roll Peanut Butter Bar		
Hamburger on a Bun Baked Beans Coleslaw Pears	Roast Turkey Whipped Potatoes w/Gravy Cream Style Corn Wheat Bread Chocolate Mousse	<b>Ash Wednesday</b> Lemon Pepper Fish or Salisbury Steak Parslied Potatoes Peas Wheat Bread Gingerbread	Lasagna Green Beans Lettuce Salad Garlic Breadstick Raspberry Parfait	Breaded Fish or Parmesan Chicken Breast Rosemary Roasted Potatoes Broccoli Normandy Wheat Bread Sherbet		
Golden Chicken Casserole Mixed Vegetables Peach Slices Wheat Bread Pudding	Country Fried Steak Whipped Potatoes w/Gravy Cinnamon Carrots Wheat Bread Frosted Cake	BBQ Pork on a Bun Potato Salad Confetti Vegetable Salad Gelatin	1% milk is served with every meal. Menu is subject to change. Suggested contribution for persons 60+ and volunteer is \$3.50 - \$7.00. No one 60+ is denied a meal based on their ability to pay. Guests under 60 pay \$7.00. Call between 10:30 am - 1:00 pm for more information. Partially funded under contract with the Central Minnesota Council of Aging as part of the Older Americans Act and Administered by Catholic Charities of the Diocese of St Cloud.			